## Claims

What is claimed is:

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1. A sandal sock, comprising:

a first covering shaped to fit on a second covering, with the first covering attachable to the second covering in such a manner that the first covering is removable, and with the second covering attachable to the sandal in a manner more secure than the first covering is attachable to the second covering;

wherein when a person wears the sandal with the first covering and the second covering attached, at least a portion of the first covering is disposed between the sandal and the person's foot.

- 2. The sandal sock as in claim 1, wherein the first covering and the second covering are attachable via one or more hook-and-loop type fasteners.
- 3. The sandal sock as in claim 2, further comprising the hook part of the hook-and-loop type fasteners, wherein the second covering has the loop part of the hook-and-loop type fasteners.

- 4. The sandal sock as in claim 2, further comprising the loop part of the hook-and-loop type fasteners, wherein the second covering has the hook part of the hook-and-loop type fasteners.
- 5. The sandal sock as in claim 1, wherein the first covering is at least partially made of cotton, polyester, nylon, silk, or some combination thereof.

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- 6. The sandal sock as in claim 1, wherein the first covering is washable.
- 7. The sandal sock as in claim 1, wherein the first covering is impregnated with a deodorant, medication, or both deodorant and medication.
  - 8. The sandal sock as in claim 1, wherein the first covering is padded.
  - 9. The sandal sock as in claim 1, further comprising the second covering.
  - 10. The sandal sock as in claim 9, further comprising an adhesive on one side of the second covering, whereby the second covering is attachable to the sandal using the adhesive.
- 20 11. The sandal sock as in claim 10, wherein the adhesive is permanent or semipermanent.

- 12. The sandal sock as in claim 10, further comprising a cover on the side of the second covering with the adhesive that can be peeled off before attaching the second covering to the sandal.
- 5 13. The sandal sock as in claim 9, wherein the first covering and the second covering each have a slit for a thong on the sandal that fits between the person's toes.
  - 14. The sandal sock as in claim 9, wherein the first covering and the second covering are shaped to fit a generic shape of sandal.
  - 15. The sandal sock as in claim 9, wherein the first covering and the second covering are shaped to fit a specific brand and design of sandal.
    - 16. A sandal sock, comprising:

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a covering shaped to fit on a sandal, with the covering attachable to the sandal in such a manner that the covering is removable;

wherein when a person wears the sandal with the covering attached, at least a portion of the covering is disposed between the sandal and the person's foot.

20 17. The sandal sock as in claim 16, wherein the covering is attachable via one or more hook-and-loop type fasteners.

- 18. The sandal sock as in claim 17, further comprising the hook part of the hook-and-loop type fasteners, wherein the sandal has the loop part of the hook-and-loop type fasteners.
- 19. The sandal sock as in claim 17, further comprising the loop part of the hook and-loop type fasteners, wherein the sandal has the hook part of the hook-and-loop type
   fasteners.
  - 20. The sandal sock as in claim 16, wherein the covering is at least partially made of cotton, polyester, nylon, silk, or some combination thereof.
    - 21. The sandal sock as in claim 16, wherein the covering is washable.
  - 23. The sandal sock as in claim 16, wherein the covering is impregnated with a deodorant, medication, or both deodorant and medication.
    - 24. The sandal sock as in claim 16, wherein the covering is padded.
  - 25. The sandal sock as in claim 16, wherein the covering has a slit for a thong on the sandal that fits between the person's toes.

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- 26. The sandal sock as in claim 16, wherein the covering is shaped to fit a generic shape of sandal.
- 27. The sandal sock as in claim 16, wherein the covering is shaped to fit a5 specific brand and design of sandal.
  - 28. A sandal, comprising

a base;

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one or more straps, thongs, ties, or some combination thereof dispose to secure the

10 base to a person's foot; and

an attachment for a covering shaped to fit on a sandal, with the covering attachable to the sandal in such a manner that the covering is removable;

wherein when a person wears the sandal with the covering attached, at least a portion of the covering is disposed between the sandal and the person's foot.

- 29. The sandal as in claim 28, wherein the covering is attachable via one or more hook-and-loop type fasteners.
- 30. The sandal as in claim 29, further comprising the hook part of the hook-and-loop type fasteners, wherein the covering has the loop part of the hook-and-loop type fasteners.

- 31. The sandal as in claim 29, further comprising the loop part of the hook-and-loop type fasteners, wherein the covering has the hook part of the hook-and-loop type fasteners.
  - 32. A method of wearing a sandal, comprising the steps of:

attaching a first covering and a second covering to the sandal, with the first covering attachable to the second covering in such a manner that the first covering is removable, and with the second covering attachable to the sandal in a manner more secure than the first covering is attachable to the second covering; and

putting on the sandal;

wherein when a person wears the sandal with the first covering and the second covering attached, at least a portion of the first covering is disposed between the sandal and the person's foot.

- 33. The method as in claim 32, wherein the first covering and the second covering are attachable via one or more hook-and-loop type fasteners.
- 34. The method as in claim 32, wherein attaching the second covering to the sandal further comprises attaching the second covering using an adhesive on one side of the second covering.

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- 35. The method as in claim 34, wherein the adhesive is permanent or semipermanent.
- 36. The method as in claim 34, wherein attaching the second covering using the
   adhesive further comprises first peeling off a cover from the side of the second covering with the adhesive.
  - 37. A method of wearing a sandal, comprising the steps of:

attaching a covering to the sandal, with the covering attachable to the sandal in

such a manner that the covering is removable; and

putting on the sandal;

wherein when a person wears the sandal with the covering attached, at least a portion of the covering is disposed between the sandal and the person's foot.

15 38. The method as in claim 37, wherein the covering is attachable via one or more hook-and-loop type fasteners.